

**ZHETYSU UNIVERSITY named after I. ZHANSUGUROV ZHANSUGUROV  
COLLEGE**



Dear students,

Sometimes any person wants to be listened to and understood, given advice, given free rein to his thoughts, feelings, and demanded a lot of support and advice from him. We want to purify our thoughts, push all kinds of emotions out of us.

Therefore, tell us your secrets, talk to your parents, teachers, friends and relatives, and if no one understands you at this moment, dear young students, friends, we will always find support and help for you! Life is an inimitable time for you! Let's appreciate the ardent youth and precious time

**The main activities of the psychological service in the college:** Psychological service at the college works in the following areas:

1. Psychodiagnostic work
2. Psychological education (prevention)
3. Psychological prevention
4. Psychocorrection (psychocorrection) and development
5. Conducting psychological consultations

**Psychological diagnostics** - an area that provides a scientific justification for deviations from the norm in the interpersonal development of students and parents. The purpose of psychological diagnostics is to study individual and age-related personality traits and interpersonal relationships. The main task of psychological diagnostics is to provide teachers with the necessary information about the individual psychological characteristics of children. Before starting psychological diagnostics, it is necessary to explain the goals and objectives of the tests during the school year, collect their written permissions, hands.

**Psychological education (prevention)** - providing teachers, parents, students with psychological knowledge, delivering news. The purpose of psychological education is to prevent accidents in the mental and personal development of the individual, to increase the psychological competence of teachers and parents. Preparation of lectures, talks, workshops, parent meetings, exhibitions, memos for psychological education. Creating conditions for a happy life for children at the present time. That is, through psychological education of adults, to make sure that this is the main problem.

**Psychological prevention** - measures to prevent possible deviations. The goal of psychological prevention is to preserve and develop the psychological health of children at all age stages. Taking into account each age period, the most responsible areas of work of a psychologist are the development and implementation of ten development programs for children, the adoption of preventive measures, and the creation of conditions for the full development of a child through education and training at school.

**Psychocorrection (psychocorrection)** and development - correction and correction, provides correctional activities for children with disabilities. The purpose of psychological correction is to overcome psychological deviations in the personal development of children, the formation of various positive skills. Correctional and developmental orientation in the work of a psychologist, the most difficult field of activity. Therefore, this direction requires skill from a practical psychologist.

**Conducting psychological consultations (consultations), professional consultations (consultations)** – on a diagnostic basis. The purpose of psychological counseling is to assist participants in pedagogical processes in solving problems that arise in the educational process. In consulting work, along with developing the skills of a psychologist, this requires special training.