

ZHETYSU UNIVERSITY named after I. ZHANSUGUROV ZHANSUGUROV COLLEGE



Tips for parents of first-year students on adapting to the academic year

Dear parents,

Your child is now a student! Now the fears and worries are over, and yesterday's entrant has a new and interesting student life ahead of him.

But it is still too early to relax – it is the first year of study that is the most difficult when a student is in dire need of family support. This is due to the fact that serious changes occur in the personality and character of a first-year student, and they go through a period of adaptation.

On the one hand, he is already an adult, and on the other, after all, he is yesterday's schoolboy. And this duality of status leaves an imprint on the character and on all the actions of a young person. It is known that the success of students in learning largely depends on how effective the adaptation period was in the new educational environment.

To effectively support a student during a difficult period, parents need to understand what difficulties they are facing. And support them during the adaptation period, because your first-year students will have to:

- Realize yourself in a new capacity ("I am a student");
- Join a new student team;
- Find a common language with new teachers;
- Understand the new learning situation and get used to it.
- At first, the guys need your control and participation.

So, parents should:

- Set up your first-year student in a serious way.
- Delicately interested in his life, and especially in what new things he learned in lectures.

Keep in touch with the class leader of the group and the college administration. Preferably unnoticed by a freshman. Again, a psychological moment. But, thanks to your friendship with the group or course leader, you will learn reliable information about your child's progress. Since some savvy, students do not like to upset their parents, but prefer to deceive them.

You can also explain to them that studying at a professional educational institution requires a student to be much more independent than studying at school. It should be borne in mind that if basic subjects were started in the first year of professional training, then the study of

other subjects in higher courses will begin with a lack of understanding .Many students try to combine work and study. If earning money is not an urgent need for your family, then discuss with your son or daughter whether it is worth spreading your strength?

Choose what is more important for you in the end: a diploma in the future or money now.

And remember that the first year of study is the most important, because it is at this time that the basic learning skills are formed, the basic knowledge is laid. Thus, in the first year, your child needs to devote as much effort and time to studying as possible, so that in the future they can safely and painlessly combine their studies with their personal life, leisure and other areas of life.

And the most important thing is to support and believe in your child morally!
And he will definitely succeed.