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Registration data

|                            |                                |                                      |            |
|----------------------------|--------------------------------|--------------------------------------|------------|
| Application type           | Updating of EP in the Registry | Status                               | Approved   |
| Date of getting the status | 19.09.2025 12:30               | Sent to rework by the expert (count) | 0          |
| Sender                     | 6772                           | Registration number                  | 6B01400111 |

[Educational program passp](#)

Higher and Postgraduate Educational Programs

☐ Project EP ☐ Participant of project EP

Field of education \*

6B01 Pedagogical sciences

☐ Interdisciplinary EP

Direction of personnel training \*

6B014 Training of teachers with subject specialization of general development

Group of educational programs \*

B005 Teacher training in physical education

Educational program \*

6B01402 Physical education and Sport

Curriculum \*

Физическая культура и спорт (бакалавриат)

Kazakh language

Russian language

English language

EP purpose \*

Training of a teacher of physical culture and sports who is able to design the educational process taking into acc interests and abilities of students, using innovative pedagogical technologies and achievements of modern scien

EP type \*

Acting EP

Level on NQF \*

6

Level on SQF \*

6

EP distinctive features

No

Degree to be conferred \*

Bachelor

Period of study \*

4 ▾

Volume of the credits \*

240

Language of education \*



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Professional Standard for EP \*

Exists

+ Add

| Nº | Name of professional standard                                    |
|----|------------------------------------------------------------------|
| 1  | Professional standards for teachers of educational organizations |

Professional standards (career standards)

Professional standard has been used at developing EP

Date of approval EP on the Academic Council \*

15-04-2025



Existence of the annex to the license for the direction of personnel training

The license number on the direction of training \*

KZ49LAM00007465

The training format is online

EP accreditation existence

Atlas of new professions \*

Қарастырылмаған

Regional standard \*

Қарастырылмаған

The formed educational outcomes

| Nº | Educational outcome                                                                                                                                                                                                                                             |
|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1  | <div><div>In Kazakh</div><div>In Russian</div><div>In English</div><div>Балалар мен жастардың дене шынықтыру және спортқа деген ынтасын қалыптастыру үшін оқу сабақтарын, сыныптан тыс іс-шараларды, әртүрлі деңгейдегі тапсырмаларды әзірлеу.</div></div>      |
| 2  | <div><div>In Kazakh</div><div>In Russian</div><div>In English</div><div>Оқушылардың физиологиялық және функционалдық ерекшеліктерін, сондай-ақ олардың жеке білім беру қажеттіліктерін ескере отырып, оқу-тәрбие үдерісін ұйымдастыру және жобалау.</div></div> |
| 3  | <div><div>In Kazakh</div><div>In Russian</div><div>In English</div><div>Оқушылардың дамуының оқу бағдарламалары мен жеке траекторияларын әзірлеу үшін спорттың негізгі түрлерін оқыту, оқушылардың дене қабілеттері мен функционалдық жай-күйін</div></div>     |
| 4  | <div><div>In Kazakh</div><div>In Russian</div><div>In English</div><div>Педагогикалық процестің білім беру, тәрбие және сауықтыру міндеттерін шешуде табысты тәжірибелерді енгізу үшін дене шынықтыру және спорттық дайындық теориясын қалыптастыру</div></div> |



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| 5  | <div><div>In Kazakh</div><div>In Russian</div><div>In English</div></div> <div>Ұлттық мәдениет негізінде білім алушының эмоционалды-құндылық саласын дамытатын оқу-тәрбие жұмысын жобалау</div>                                                                     |
|    |                                                                                                                                                                                                                                                                     |
| 6  | <div><div>In Kazakh</div><div>In Russian</div><div>In English</div></div> <div>Медициналық-биологиялық пәндердің біліміне сүйене отырып, физиологиялық ерекшеліктерін ескере отырып, олардың жағдайын алдын-алу және түзету үшін қозғалыс белсенділігінің</div>     |
|    |                                                                                                                                                                                                                                                                     |
| 7  | <div><div>In Kazakh</div><div>In Russian</div><div>In English</div></div> <div>Зерттеулерді ұйымдастыру үшін ғылыми талдау әдістерін және ғылыми жұмыстың нәтижелерін</div>                                                                                         |
|    |                                                                                                                                                                                                                                                                     |
| 8  | <div><div>In Kazakh</div><div>In Russian</div><div>In English</div></div> <div>Құқықтық, экономикалық, кәсіпкерлік, өндірістік, экологиялық ортада, сондай-ақ қаржылық сауаттылық, инклюзия құндылықтары, тұрақты даму және сыбайлас жемқорлыққа қарсы</div>        |
|    |                                                                                                                                                                                                                                                                     |
| 9  | <div><div>In Kazakh</div><div>In Russian</div><div>In English</div></div> <div>Оқытудың инновациялық әдістерін, заманауи, оның ішінде қашықтықтан оқыту технологияларын және критериалды бағалау элементтерін пайдалана отырып, сабақ нысандарын жобалау</div>      |
|    |                                                                                                                                                                                                                                                                     |
| 10 | <div><div>In Kazakh</div><div>In Russian</div><div>In English</div></div> <div>Өртүрлі жыныстағы және жастағы адамдармен жаттығу, рекреациялық, сауықтыру бағытындағы сабақтарды өткізу кезінде салауатты өмір салты дағдыларын қалыптастыру үшін</div>             |
|    |                                                                                                                                                                                                                                                                     |
| 11 | <div><div>In Kazakh</div><div>In Russian</div><div>In English</div></div> <div>Дене шынықтыру мен спортта оқушылардың өзін-өзі жүзеге асыруы үшін қажетті жағдайларды ескере отырып, педагогикалық процестің барлық қатысушыларының субъект-субъектілік өзара</div> |
|    |                                                                                                                                                                                                                                                                     |
| 12 | <div><div>In Kazakh</div><div>In Russian</div><div>In English</div></div> <div>Бақылау-бағалау материалдарын әзірлеу және білім беру ресурстарын іріктеу үшін білім беру процесін басқару және мониторингтеу психологиясы саласындағы білімді қолдану</div>         |
|    |                                                                                                                                                                                                                                                                     |

Data on disciplines

| № | Name of discipline                 | Short description of discipline                                                                                                                                                                                                                                                                                                                                                                                                       | Cycle | Component | Credits |                          |    |                          |
|---|------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-----------|---------|--------------------------|----|--------------------------|
|   |                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                       |       |           |         | ON1                      | CR | ON:                      |
| 1 | Fundamentals of financial literacy | The course "Fundamentals of Financial Literacy" is aimed at gaining knowledge and skills in the field of personal finance management. Also, as part of the course, students will learn how to use in practice all kinds of tools in the field of finance, save and increase savings, plan a budget competently, learn how to analyze financial information and navigate financial products to choose an adequate investment strategy. | GED   | EC        | 5       | <input type="checkbox"/> |    | <input type="checkbox"/> |



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|---|-------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|---|--------------------------|--|--------------------------|
| 2 | Methods of scientific research            | The goal is to form knowledge about the principles, technologies, practical methods and techniques of conducting scientific research based on modern achievements of scientists. Forms the basic foundations of scientific culture and ethics, flexible perception of scientific texts, skills of effective application of acquired knowledge in planning and organizing research work, the ability to analyze and summarize research results.                                                                                                                                                                                                                                                                                                                        | GED | EC | 5 | <input type="checkbox"/> |  | <input type="checkbox"/> |
| 3 | Ilyastanu                                 | The purpose of the discipline is to develop a deep-thinking personality with high aesthetic taste, appreciating literature, art, traditions, culture and language of the Kazakh people through a deep and comprehensive study of the works of Ilyas Zhansugurov. Forms an understanding of the importance of the works of Ilyas Zhansugurov in the development of the Kazakh literary language; skills of intellectual and creative thinking, the ability to cherish the values of national and spiritual heritage.                                                                                                                                                                                                                                                   | GED | EC | 5 | <input type="checkbox"/> |  | <input type="checkbox"/> |
| 4 | Basics of law and anti-corruption culture | The objective is to familiarize students with the fundamental branches and institutions of law, the foundations of anti-corruption culture, as well as the patterns of emergence, development, and functioning of the state and law. The course cultivates anti-corruption awareness and a high level of theoretical knowledge concerning the primary functions of law within the state and society, its impact on the development of the rule of law and civil society, and the value of inclusion as an integral component of a just and equitable legal order. Particular emphasis is placed on fostering students' understanding of the importance of human rights for all individuals, regardless of their social, cultural, physical, or other characteristics. | GED | EC | 5 | <input type="checkbox"/> |  | <input type="checkbox"/> |

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|   |                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |     |    |   |                          |                          |
|---|--------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|---|--------------------------|--------------------------|
| 5 | Ecology and life safety basics | <p>Purpose – the goal is to develop knowledge of the fundamentals of ecology, sustainable development, and life safety, enabling the analysis of ecological processes, the assessment of the socio-environmental consequences of anthropogenic activities, the assurance of environmental safety, and the application of methods and technologies for protection in emergency situations. Develops the ability to assess the impact of environmental factors on human health; to forecast ecological processes for planning and implementing measures aimed at enhancing life safety and ensuring environmental security; and to make informed decisions in adverse environmental and emergency situations, taking into account the potential consequences of accidents, disasters, and natural hazards within the framework of sustainable development principles.</p>                         | GED | EC | 5 | <input type="checkbox"/> | <input type="checkbox"/> |
| 6 | Economics and entrepreneurship | <p>Objective – to familiarize students with the economic challenges of modern society, develop economic thinking, and provide knowledge of the theoretical foundations and practical skills in the field of entrepreneurship. The program is aimed at forming a comprehensive understanding of the functioning of the economy, while delivering business education focused on acquiring applied competencies in various areas of entrepreneurial activity. Special attention is given to issues of sustainable development, efficient resource use, and the implementation of lean production principles as key elements of effective and environmentally responsible business practices. The course also explores the specifics of creating and successfully managing a business, taking into account modern requirements for environmental and social responsibility in entrepreneurship.</p> | GED | EC | 5 | <input type="checkbox"/> | <input type="checkbox"/> |
| 7 | Academic writing               | <p>The purpose of the discipline is to develop students' skills in creating academic texts and writing the results of scientific research in order to develop professional knowledge. The discipline is aimed at teaching the basics of writing and presenting scientific information, working with texts of an academic nature, both educational and research, master the knowledge and skills of writing articles, taking into account the requirements of various journals</p>                                                                                                                                                                                                                                                                                                                                                                                                               | BD  | UC | 4 | <input type="checkbox"/> | <input type="checkbox"/> |



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| 8  | Anatomy and fundamentals of sports morphology                                     | The purpose is to study the structure of the organs of the human body, its constituent systems, taking into account age, gender and individual characteristics of anatomical and topographic relationships of organs and apply the knowledge gained in practice. Forms the ability to apply knowledge about the features of the body structure, organs and systems of the body, musculoskeletal system and muscles, their forms, types and functions for planning physical activity of an athlete.    | BD | UC | 6 | <input type="checkbox"/> | <input type="checkbox"/> |
| 9  | Theory and methodology of physical culture                                        | The goal is to provide students with the necessary level of theoretical and methodological knowledge about rational ways, methods and techniques of professional activity of a physical education teacher. Studies the social essence of sports, its main functions and forms, patterns of physical education management, principles, means, methods of physical culture. Forms the skills of successful implementation of educational, educational and health-improving tasks of physical education. | BD | UC | 5 | <input type="checkbox"/> | <input type="checkbox"/> |
| 10 | Pedagogy of physical culture and sports                                           | The goal is to familiarize students with modern methods of education, upbringing and development, to teach them to manage the processes of personality formation through sports. Studies the patterns and specifics of the pedagogical process of personality formation in the conditions of physical culture and sports. Forms the ability to organize physical education and sports, to select methods of measuring and evaluating fitness for sports.                                              | BD | UC | 6 | <input type="checkbox"/> | <input type="checkbox"/> |
| 11 | Organization and technology of scientific research in physical culture and sports | The purpose is to study the methods of scientific work, experimental work and methods of registering the results of scientific work in the field of physical culture and sports. The problems of choosing and planning the topic of scientific research in the field of physical culture and sports, types of scientific and methodological work, evaluation of their results and the possibility of implementation in practice are considered. Forms the research skills of students..               | BD | UC | 5 | <input type="checkbox"/> | <input type="checkbox"/> |



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| 12 | Inclusive education                       | Considers the theoretical basis for the formation of inclusive education, the historical aspects of the development of inclusion, models of inclusive education. She studies technologies of inclusive education, drawing up an individual educational route, planning the educational process taking into account the individual educational needs of children, organizing tutor practice in the context of inclusive education.                                                                                                                                              | BD | UC | 5 | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 13 | Professional sports improvement           | The goal is to acquire knowledge of the theoretical foundations of the physical development of the body, to acquire practical skills for the development and improvement of physical qualities, general and special physical training with the help of basic means and methods of physical culture at different stages of the training process. Studies theoretical knowledge of teaching methods in a chosen sport; the ability to conduct practical classes in a chosen sport with a different contingent of students and extracurricular sports and mass work with students | BD | UC | 5 | <input type="checkbox"/> | <input type="checkbox"/>            |
| 14 | Physiology of school children development | Considers the general patterns of age-related characteristics of the growth and development of children and adolescents, the formation of their physiological functions. It studies the interaction of the child with the external environment, hygienic standards and requirements aimed at protecting and strengthening health, harmonious development and improvement of the functional capabilities of the body of children and adolescents                                                                                                                                | BD | UC | 5 | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 15 | Pedagogy                                  | Considers the latest teaching methods and technologies within the framework of the updated content of secondary education. Studies methods of scientific analysis, forecasting, planning and management of the pedagogical process. Forms theoretical ideas about pedagogy as a branch of humanitarian knowledge and the interaction of subjects of the educational process                                                                                                                                                                                                    | BD | UC | 5 | <input type="checkbox"/> | <input checked="" type="checkbox"/> |



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| 16 | Professional and sports improvement in the chosen sport | Purpose - formation of theoretical and practical knowledge of the history and evolution of the chosen sport; fundamentals of technical, physical and tactical training of athletes in the chosen sport; methods of training in the chosen sport., improvement of professional activity in the chosen sport. Providing students with the necessary level of theoretical and methodological knowledge about rational ways, methods and techniques of professional activity of a physical education teacher.                               | BD | UC | 5 | <input type="checkbox"/>            |      | <input type="checkbox"/>            |
| 17 | Theory and methodology of the chosen sport              | The purpose is to study the basic concepts and problems of sports selection, their interrelation and essential characteristics, structures of sports selection, specific features of sports selection in various sports. The issues of the organization and methods of sports selection, their features at various stages of sports training in sports are considered. Forms the skills of teaching motor actions and exercises of the chosen sport to people of different age groups, including people with special educational needs. | BD | UC | 8 | <input type="checkbox"/>            |      | <input type="checkbox"/>            |
| 18 | Theory and methods of educational work                  | Examines the methods of organizing educational work and describes the patterns, essence and content of the processes of education, studies the features and principles of education within the updated content of secondary education. It is aimed at forming the interest of the future teacher for subsequent pedagogical self-education and professional self-improvement.                                                                                                                                                           | BD | UC | 5 | <input type="checkbox"/>            |      | <input checked="" type="checkbox"/> |
| 19 | Theory and methodology of basketball                    | The goal is to study the general patterns of the process of teaching the skills of playing basketball, the technology of teaching the basics of technique, tactics and game activity is revealed. It is aimed at mastering the methods of teaching basketball, which are necessary for the training of teachers-coaches, and contributes to the consolidation of the main elements of educational activities (techniques, tactics of playing in attack and defense).                                                                    | BD | EC | 7 | <input checked="" type="checkbox"/> | Norm | <input type="checkbox"/>            |



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| 20 | Theory and methodology of volleyball                          | The goal is to study the theory and methodology of teaching volleyball, mastering techniques and tactical actions, acquiring the necessary knowledge and skills for independent work of a volleyball teacher-coach with a different contingent of students. Examines the issues of technique and tactics of the game, teaching methods, competition rules, methods of organizing and conducting competitions of various levels, methods of conducting classes with teams of different categories                             | BD | EC | 5 | <input checked="" type="checkbox"/> | High | <input type="checkbox"/> |
| 21 | Theory and methodology of handball                            | The goal is to form knowledge, skills and abilities about the theoretical and applied fundamentals of handball for organizing and conducting lessons, extracurricular activities and mass sports work with adults. Apply the provisions of the theory of physical culture in the educational process; use the means and methods of physical education, taking into account the characteristics of various categories of students, determine the functional state, physical development and level of preparedness of students | BD | EC | 5 | <input checked="" type="checkbox"/> | Norm | <input type="checkbox"/> |
| 22 | Theory and methods of gymnastics                              | The purpose is to study the general foundations of the theory and methodology of gymnastics as the main means of physical education of people, its place in the system of physical culture and importance for the professional training of specialists in the field of physical culture and sports. Examines the tasks and means of gymnastics, classification of types of gymnastics, as well as consideration of injury prevention measures in gymnastics classes                                                          | BD | EC | 5 | <input checked="" type="checkbox"/> | High | <input type="checkbox"/> |
| 23 | Technologies of criteria-based assessment in physical culture | The goal is to form knowledge of the theory and technology of criteria-based assessment of educational results; forms practical skills and skills of evaluating results (normative, formative and summative). Covers a wide range of issues, the mastery of which will allow the successful consideration of the most important rules and methods for assessing the educational achievements of students; description of general guidelines that direct students' attention to the most important patterns of this process   | BD | EC | 5 | <input type="checkbox"/>            |      | <input type="checkbox"/> |



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| 24 | Organization of youth and professional sports.      | The purpose of the discipline is to study the standards, specifics and main activities of sports schools (DYuSSh, SDYUSSHOR, SHISP). Examines methods and methods of strengthening the health of children and adolescents by improving the system of physical education in educational institutions, developing the infrastructure of youth and professional sports and youth adaptive sports. Forms an idea of the peculiarities of introducing children to regular physical education and sports, as well as creating the necessary conditions for self-realization of sports-gifted children and adolescents. | BD | EC | 5 | <input type="checkbox"/>            |      | <input type="checkbox"/> |
| 25 | Theory and methodology of track and field athletics | The aim is to study the theoretical foundations, methods, principles and means of teaching basic types of athletics: short and medium distance running, jumping, throwing and all-around. Development and formation of special knowledge about the structure and organization of competitive activities in various educational institutions, mastering the skills of developing physical qualities and abilities in athletics.                                                                                                                                                                                   | BD | EC | 7 | <input checked="" type="checkbox"/> | High | <input type="checkbox"/> |
| 26 | Theory and methodology of swimming                  | The goal is to master the methods of teaching various types of swimming, the basics of swimming techniques, sports swimming techniques, starts and turns. Studies the laws of physical development and physical improvement of a person with the help of various techniques, tools, techniques and forms of organization of classes. Forms professional and applied knowledge, skills and abilities in organizing and conducting training and swimming competitions, necessary for future specialists in the field of physical culture.                                                                          | BD | EC | 5 | <input checked="" type="checkbox"/> | High | <input type="checkbox"/> |
| 27 | Methodology and technology of distance education    | The purpose is to study the technology of distance education, its methodology and ways to improve the teacher's pedagogical skills in the conditions of Internet opportunities. Methodological issues of distance learning and e-learning methods are considered, the peculiarities of the organization of the educational process using distance learning technologies are studied, taking into account the achievements of science, modern educational practice and advanced pedagogical experience.                                                                                                           | BD | EC | 5 | <input type="checkbox"/>            |      | <input type="checkbox"/> |

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|    |                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |    |    |   |                                     |      |                                     |
| 28 | Theory and methodology of outdoor games                                   | The purpose is to consider the essence and significance of outdoor games in the education of students, to study the theory and methodology of outdoor games in various sports, taking into account age-related development features. Ensures the development of students' knowledge of the theory, methodology and organization of outdoor games, forms a belief in the need to use outdoor games in various sports.                                                                                                                                           | BD | EC | 5 | <input checked="" type="checkbox"/> | Norm | <input type="checkbox"/>            |
| 29 | Fundamentals of applied behavior analysis                                 | Course goal — to develop the ability, grounded in Applied Behavior Analysis (ABA), to critically analyze data-based functions of behavior; design and implement individualized interventions in inclusive educational settings; and evaluate their effectiveness, safety, and ethical soundness. Develops skills to: operationalize behavior; collect and analyze data (incl. ABC); identify behavioral functions; design and apply behavior support plans; teach functionally equivalent alternative behavior; manage crisis situations; and assess outcomes. | BD | EC | 5 | <input type="checkbox"/>            |      | <input checked="" type="checkbox"/> |
| 30 | Age physiology and school hygiene at physical education lessons at school | The aim is to study the physiological characteristics of children and adolescents in the process of their individual development, as well as the peculiarities of the reaction of physiological functions to pedagogical influence. Examines the features of the interaction of the child's body with the environment for the development of hygienic standards, requirements, standards aimed at protecting and strengthening the health of children and adolescents in physical education classes at school                                                  | BD | EC | 5 | <input type="checkbox"/>            |      | <input type="checkbox"/>            |
| 31 | Organization of training camps by sports                                  | The purpose is to study the system of organizing and conducting training camps, taking into account the variability of loads, their intensification, as well as the emphasis in technical training on improving high-speed equipment. Formation of an increased level of skill of athletes (sports teams), evaluation, improvement of the quality and efficiency of the coaching staff, carrying out purposeful work on the selection of athletes in national teams, popularization of sports, citizens in sports, organization of their leisure.              | BD | EC | 5 | <input type="checkbox"/>            |      | <input type="checkbox"/>            |

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|    |                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |    |    |   |                                     |      |                          |
| 32 | Sports hygiene                     | The aim is to study sports hygiene as a complex of preventive measures aimed at ensuring hygienic standards and maintaining human health in physical education and sports. Considers the rules of hygiene during training, the development of measures to prevent the possible adverse effects of various factors of physical culture and sports, the hygienic purpose of sportswear and shoes. Forms ideas about the sanitary and hygienic foundations of activity in the field of physical culture and sports.                                                     | BD | EC | 5 | <input type="checkbox"/>            |      | <input type="checkbox"/> |
| 33 | Sports medicine.                   | The purpose is to study the medical and biological support of athletes' training, modern medical methods of control and supervision of persons engaged in physical culture and sports. Examines the features of the use of means and methods of physical culture and sports to achieve the highest sports results on the basis of maintaining and strengthening health, prevention and treatment of diseases, as well as effective post-exercise recovery and improvement of physical performance.                                                                   | BD | EC | 5 | <input type="checkbox"/>            |      | <input type="checkbox"/> |
| 34 | Theory and methodology of football | The goal is to form students' holistic view of professional activity in the field of physical culture and sports based on football. The study of general issues of the theory and methodology of football, the rationale for the professional selection of football players, reveals the main physical and psychological qualities and abilities of football players, as well as the methodology of their development. The basics of teaching and improving the features of sports training of football players of various qualifications are revealed               | BD | EC | 5 | <input checked="" type="checkbox"/> | High | <input type="checkbox"/> |
| 35 | Theory and methodology of skiing   | The goal is to form professional and pedagogical knowledge, skills and abilities in the field of skiing, readiness to apply them in practice. Studies the history of the development of skiing, the theory and methodology of its teaching, the technique of basic techniques of movement on skis, equipment and preparation of ski equipment, organization of training sessions. Forms the ability to use methods of organizing classes and select exercises for the development and evaluation of psychomotor abilities necessary for successful mastery of skiing | BD | EC | 5 | <input checked="" type="checkbox"/> | High | <input type="checkbox"/> |



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|----|----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|----|---|--------------------------|-------------------------------------|
| 36 | Theory and methodology of teaching basic sports (according to the updated school curriculum) | The purpose is to study the classification and terminology of basic sports, the basics of techniques and methods of teaching basic motor actions, the organization of classes in various parts of the physical education system. The methods of teaching techniques and conducting lessons of various directions (gymnastics, athletics, sports games, swimming, skiing) in a secondary school are considered. Forms the ability to organize mass physical culture and recreation events of various levels.                                                                                                              | PD | UC | 8 | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 37 | Improving professional coaching activities in the chosen sport                               | The purpose is professional training of specialists who have the necessary level of theoretical and methodological knowledge about rational ways, methods and techniques of professional activity of a teacher-coach in physical culture and sports. The issues of drawing up long-term plans, the growth rate of sports results from category to category are considered. Forms the skills of taking into account the individual characteristics of athletes when organizing conditions for sports activities.                                                                                                          | PD | UC | 8 | <input type="checkbox"/> | <input type="checkbox"/>            |
| 38 | National sports                                                                              | The purpose is to familiarize with national sports, as well as the formation of skills and abilities in the application of methods of teaching national sports. Studies the history of the development of national sports, the influence of national sports on the physical and spiritual development of a person. Forms the ability to organize classes in national sports, original physical exercises, wrestling competitions, health promotion, hardening of the body, achieving comprehensive physical development                                                                                                  | PD | UC | 7 | <input type="checkbox"/> | <input type="checkbox"/>            |
| 39 | Physiological foundations of physical education and sports                                   | The goal is to know the anatomical and physiological features of the body of children, adolescents and adults; the skills of the natural science foundations necessary for the physiological justification of physical education, sports training and management of the state of functional fitness of a person when engaged in physical culture and sports. Apply knowledge for planning and conducting the main types of physical education and recreation activities with children, adolescents and adults. Use the knowledge of general and school physiology in the process of conducting the main types of classes | PD | EC | 5 | <input type="checkbox"/> | <input type="checkbox"/>            |



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| 40 | History of Physical culture and the Olympic Games | The purpose is to study the genesis of physical culture and sports from ancient times to the present day. Reveals the history of the origin and development of physical culture of the Ancient world; modern and modern times; physical culture of sovereign Kazakhstan and also examines the problems of human activity aimed at strengthening health and developing physical abilities of a person. Formation of a scientific worldview, historical self-awareness and critical thinking, expansion of the general professional outlook of future workers of physical culture and sports.                      | PD | EC | 5 | <input type="checkbox"/> |  | <input type="checkbox"/> |
| 41 | Management of physical culture and sports         | The purpose of the course is to familiarize students with the innovative direction of sports management, as well as entrepreneurial activities in the field of physical culture and sports, the formation of skills of a manager of a sports organization. Formation of skills of scientific and methodological activity for solving specific management tasks arising in the process of physical culture and sports activities. Application of the acquired knowledge and skills in the process of practical activity of physical culture and sports orientation                                                | PD | EC | 5 | <input type="checkbox"/> |  | <input type="checkbox"/> |
| 42 | Psychology of physical culture and sports         | The purpose is to prepare students to solve problems related to the psychological support of the development and functioning of mental phenomena, states and qualities of students of educational institutions and pupils of sports organizations. Familiarization of students with the theoretical foundations in the field of psychology of physical culture and sports: modern concepts, principles, concepts and methods of psychology of physical culture and sports; Formation of special knowledge that determines the psychological support of the professional activity of a physical education teacher | PD | EC | 5 | <input type="checkbox"/> |  | <input type="checkbox"/> |



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| 43 | Psychology of physical culture and sports management | The goal is to develop students' professional theoretical knowledge and practical skills in the field of personnel management. The study of the basics of planning work with the organization, the practical development of the technology of personnel management of the organization. Examines the diagnosis of work with the personnel of the organization and the analysis of psychological conditions and features of management activities in order to improve the efficiency and quality of work in the management system of sports organizations and clubs, as well as human resources. | PD | EC | 5 | <input type="checkbox"/> |  | <input type="checkbox"/> |
| 44 | Therapeutic gymnastics and massage                   | The purpose is to review and study the basics of therapeutic gymnastics and massage for the treatment of diseases and injuries, prevention of their exacerbations and complications, restoration of the working capacity of children and athletes. It covers the problems of therapeutic gymnastics and massage at an early age, the peculiarities of the methodology of physical therapy at various age periods and sets of exercises for children and schoolchildren. Forms the ability to organize recovery activities taking into account the individual characteristics of students.       | PD | EC | 7 | <input type="checkbox"/> |  | <input type="checkbox"/> |
| 45 | Healing culture                                      | The purpose is to study the means of therapeutic physical culture for the prevention and rehabilitation of the consequences of diseases. Considers physical culture exercises that contribute to the restoration of organs and systems of the body, strengthening the therapeutic effect in various pathologies; strengthening the defensive properties of the body; general health improvement; instilling self-confidence. Forms the skills of using natural factors of nature for the purpose of hardening, physical exercises for therapeutic and preventive purposes                       | PD | EC | 7 | <input type="checkbox"/> |  | <input type="checkbox"/> |
| 46 | Fundamentals of artificial intelligence              | The discipline is aimed at studying the basic concepts, methods and algorithms underlying the creation and application of artificial intelligence. Within the framework of this subject, students study the theoretical foundations of machine learning, neural networks, natural language processing algorithms and computer vision. They will also get acquainted with the ethical, social and legal aspects of the application of artificial intelligence in various spheres of life.                                                                                                        | PD | EC | 5 | <input type="checkbox"/> |  | <input type="checkbox"/> |



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| 47 | Sports Physiology | The purpose is to study changes in body functions and their mechanisms under the influence of muscular (sports) activity, practical measures to improve its effectiveness. The study of the reserve capabilities of the human body ways and means of improving performance, accelerating recovery processes, preventing fatigue, overstrain and pathological shifts in body functions, as well as prevention of the occurrence of various diseases. Formation of systematized knowledge about the physiological foundations of motor activity, the regime of physical activity of a growing organism | PD | EC | 5 | <input type="checkbox"/> | <input type="checkbox"/> |
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EO attainability coefficient: 87,53 %

|   | State     | Status assignment date and time | General expert op |
|---|-----------|---------------------------------|-------------------|
| 1 | Expertise | 19.09.2025 12:30                |                   |

Basis for updating of EP \*

Изменение лицензии, исключен ПС Педагог, утративший силу. Добавили новую дисциплину "Основы прикладного поведения".